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Vicar: The word sacrilege doesn't mean anything to them

Church raiders in £100,000 theft

A VICAR has warned that a church could close after more than £100,000 of lead was stripped from its roof. The Rev David Randell said insurance would only pay up to £15,000 towards

By Oliver Evans

repairing St Mary's in Warkworth, hit by lead thieves overnight on Friday and Saturday.

Rain poured into the remote church, damaging the inside, which was only recently given its first makeover in 100 years, paid for by a £7,000 fundraising drive.

Balaclava-clad thieves removed CCTV cameras and even a memorial bench.

But insurance payouts are capped because of a UK rise in church lead thefts and Mr Randell fears the Diocese of Oxford will demand expensive lead be used for repairs.

He said: "If we can't repair like with like, because we can't afford it, then it will be closed and may fall into disrepair."

He added: "These thieves just have no sense of decency. The word sacrilege doesn't mean anything to them. The fact it is a holy place is irrelevant."

Mr Randell, a vicar of 22 years, said there had been ten lead raids in his six parishes over the last three years.

Better regulation of the scrap trade was needed, he said, to track thefts.

He said: "The reason there are this number of thefts is because the price of metal is high and people know they can get away with it."

Church treasurer Derek Jones said: "These people are despicable."

"We have a small congregation of perhaps seven or eight for our two monthly services, hence you can imagine we don't have a lot of income."

Diocese spokesman Sarah Meyrick said: "There has been a massive increase in lead thefts over the last three years."

"One of the things that is particularly concerning is when they steal the lead, they make a huge amount of damage."

Suitable replacement materials were considered on a case-by-case basis, she said.

The stolen bench was installed in 1989 by farmer John Fenemore in memory of his father, George, who died in 1988.

Police are investigating. Anyone with information should call 03000 111222 or Crimestoppers anonymously.



Church warden Bob Langton, stands where the memorial bench was ripped from the ground and used as a ladder

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Crash victim named

A TEENAGER, who died in a collision on the A422 between Farthinghoe and Brackley, has been named as 19-year-old Theodora Phillington.

Miss Phillington, of Springfield Avenue, Banbury, was driving a black Renault Clio when it was involved in an accident with a red Jaguar

Sovereign at 10.10am on Tuesday of last week.

A passenger in the Jaguar, a 73-year-old woman from Herefordshire, was taken to the Horton with a fractured wrist and broken ribs.

The driver was uninjured. Anyone with information should call Northamptonshire police on 0800 174615.

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News in brief

LAST week's front page article, "Parking anger", stated Cherwell District Council pay and display fees were £1,524,027 last year compared to £921,347 the year before. In fact, the £921,347 was the amount the council spent running the parking service last year. We apologise for the error.

● The article titled "Hard work pays off at annual flower and produce show" said Jennifer Hughes won the cakes and preserves category at the Banbury Flower & Produce Show. In fact, Jennifer Richards won the category. The error was based on information provided by show organisers Banbury Town Council.

A CONCERT will be held to raise funds for a £40,000 organ restoration at St Michael & All Angels Church, Great Tew. The Oxford Male Voice Choir will perform at the church on October 1 at 7.30pm. Tickets are £10 and will include wine and refreshments and are available from 01608 683329 or on the door.

CHERWELL District Council will save £78,000 by bringing its glass recycling collections in-house. It will also be cleaning the bring bank sites and collecting cans and batteries. Until now the council outsourced its glass collection and the contractors were able to sell the glass on. The council will now bring in an average of £10 per tonne of glass from resale.

Girl, 14, tells of being offered 'cash for fun'

Police launch hunt for kerb-crawler

By Fran Bardsley

A MAN grabbed a teenage girl in Banbury after making inappropriate comments to her, police said.

The 14-year-old was walking along Broad Street at about 3.30pm on Friday when she was stopped by a man in a white tipper-style van.

Thames Valley Police said he asked her for directions, at the junction of Newlands Road and Gatteridge Street.

A statement said: "He told her she was 'gorgeous'.

"He asked her age and when she replied 14, he said 'a bit young' and asked her if she wanted to earn £50. When the victim asked how, he said 'some fun'.

"As the girl tried to walk away, he grabbed her arm, but she pulled away and ran off."

Police said the van had a silver

pick-up section with cones and ladders in the back. The man is described as white, stocky, in his late 30s or early 40s with short ginger/blonde scruffy hair, a square face, clean shaven, with "funny" bottom teeth. He was wearing a pale blue T-shirt with a high visibility vest over it.

PC Kelly Gilbert said: "The girl was not hurt when she was grabbed, but was left shaken and upset.

"It is completely unacceptable for a grown man to treat a young girl in this way and I am keen to trace the man responsible.

"I would urge anyone who recognises the description of the man or the van to contact police."

Anyone with information should call the force 08458 505505 or Crimestoppers on 0800 555111.

● Two men were attacked in an unprovoked assault in Middleton Road, police said.

The men were near the Co-op supermarket between 12.30am and 12.45am on Sunday, August 21, when they were confronted by a group of six to eight men.

A 33-year-old man from Banbury was kicked in the leg while the other man, also from Banbury, was jumped on but was not injured.

The attackers were described as white and of eastern European origin.

Thames Valley Police only released details of the incident on Friday afternoon.

Call PC Kelly Gilbert on 08458 505505.

Carer jailed over sex abuse

A CARER from Banbury has been jailed for sexually abusing a woman.

David Winters, of Nursery Drive, was given four concurrent sentences of six years at Oxford Crown Court for sexually assaulting a woman on four different occasions between 2008 and 2010.

A sexual offences protection order was granted by Judge Eccles against the 67-year-old and Winters was ordered to sign the Sex Offenders' Register.

Det Con Mike West said: "The victim and her family are pleased that this ordeal is now over and they can move on with their lives knowing that David Winters is serving a lengthy custodial sentence."

Crash charge

A BUS driver, whose Oxford Tube coach overturned on an M40 slip road, has denied dangerous driving.

Mark Woodward was at the wheel of the 87-seat Stagecoach vehicle when it crashed on the motorway exit at Great Milton on December 11 last year.

The 58-year-old, of Beaumaris Close, Banbury, denied the charge at Oxford Crown Court. He was bailed to stand trial on Wednesday, November 2.

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Rising prices are putting 14,000 county pensioners in crisis

Poverty fear for OAPs



John Hewer, aged 97, worried about the future

THOUSANDS of pensioners across Oxfordshire are being squeezed into poverty by rising prices and falling returns on their savings.

The charity, Age UK Oxfordshire, estimates that 14,000 of the county's 120,000 pensioners are now living at or below the poverty line.

It comes as a new report from Prudential estimates that while inflation has averaged 3.1 per cent over the past three years, over-55s have experienced price rises of 4.6 per cent because they spend more on fuel bills and less on mortgages.

At the same time, the insurance firm warned that pensioners were hit hardest because they rely on fixed incomes while prices were rising, and savings rates had collapsed to as little as 0.05 per cent.

Age UK Oxfordshire chief executive Paul Cann said: "Rising costs are a serious problem. They degrade the quality of life for older people.

"Energy costs are rocketing, food does not get any cheaper, and they find they are receiving very little to live on.

"This will get worse if pensions do not take into account the increase in prices."

Mr Cann warned there could be 150 unnecessary deaths among the elderly in Oxfordshire this winter.

He said: "Older people will make

By Liam Sloan

sacrifices. They will shiver, put a blanket on and keep the heating down below what is safe and proper because they are trying to scrimp.

"They are brilliant at being stoical and unselfish, and in the process, they go short."

The charity estimates that more than 40,000 pensioners across Oxfordshire



Paul Cann from the charity Age UK

leave £100m a year in housing benefit, council tax benefit and pension credit unclaimed mainly because they do not know they are entitled to it.

Overall, 14,000 pensioners have an income of less than 60 per cent of the average wage – equivalent to about £71 a week for a person living on their own.

Oxfordshire pensioner John Hewer, now aged 97, said: "The increase in the price of electricity and gas is frightening.

"I now have to pay out £20 a week to go to the day centre, and that is a big chunk of my income.

"Everything is going up, even if it is by 5p or 10p steps. A pint of milk has gone up from 45p to 50p. It all adds up, and the future is not very good."

Fellow OAP Ron Mutton, 67, said pensioners were trapped in a "nightmare situation".

He said: "The problem is the cost of gas, electricity and water.

"The prices seem to go up and up and up, and yet the companies' profits are massive.

"Everyone I have spoken to agrees that even the cost of shopping for the staples of life – bread, milk, fruit and veg – has gone up as petrol costs have gone up.

"I've had to cut back on many things. They even rob you with the cost of a pint of beer at the end of the day."

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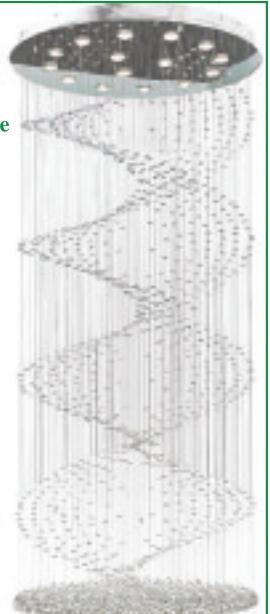
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Exam joy for pupils

THE nervous wait was over for youngsters in Banbury as their GCSE results were finally revealed.

North Oxford Academy in Drayton Road had 49

By Oliver Evans

per cent of its 138 pupils receive five A* to C grades, including English and maths, compared to

38, 25 and 28 per cent in previous years.

Blessed George Napier School in Addison Road had 68 per cent of its 143 pupils make the grade compared to 67, 62 and 63 per cent before.

Bloxham School, in Banbury Road, did not provide this data, but 84 per cent of its 143 pupils received A* to C grades.

And Banbury School, in Ruskin Road, had its highest ever results for students achieving five A* to C, including English and maths.

Some 44 per cent of the 16-year-olds achieved the grade, compared to 40 per cent in 2010 and 2009.

One of the top students, Adrian Chan, of William Close, got two A*s, six As and two Bs.

He said: "I am pretty pleased but it was pretty much what I expected."

"I put the work in and revised but if I had put more work in I probably would have got better grades."

He now plans to stay on at the school's sixth form and take maths, further

maths, physics and biology.

Jamie Bennett, of Kedleston Rise, got one A*, five As, four Bs and one C. He also got a B in AS Government and politics.

He hit back at accusations that exams are getting easier, saying: "It's a bit condescending."

Executive head Dr Fiona Hammans said: "Very many students have excelled themselves, getting grades that looked impossible to reach at the start of the year."



LEFT: Sam Spijkers-Shaw jumps for joy after getting three A*s, four As and two Bs

RIGHT: Jamie Bennett looks pleased with his marks



Happy Banbury School pupils Emily Idzioczek, Alex Shaw and Georgia Nurden

League table

	PUPILS%	5 A*-C Eng & Maths%	5 A* to C%	English Bacc
Banbury School	202	44	81	10
Blessed George Napier	143	68	84	17
Bloxham School	73	n/a	84.3	n/a
Chipping Norton School	174	60	72	21
Kingham Hill School	45	72	81	n/a
North Ox Academy	138	49	84	4
Sibford School, Banbury	56	78.6	92.9	n/a
Tudor Hall School	56	98	100	n/a
The Warriner School	n/a	n/a	n/a	n/a

KEY: n/a: Not available. / Not published

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Former head of county studies warns of lack of vision

Historians worried about the future

HISTORIANS have warned that Oxfordshire will be left with a forgotten past because of budget cuts to the county's archive.

The Oxfordshire Local History Association, which represents more than 3,000 amateur local historians, said planned 36 per cent cuts over the next four years would reduce the archive service to a "holding operation".

Earlier this year, the county council merged the Oxfordshire Studies with the Record Office, leaving the Central Library with only a skeleton local studies section.

OLHA said there were already huge cataloguing and conservation backlogs following staffing cuts, and the loss of any more experts would have "devastating consequences".

Their words were backed by the University of Oxford's Regius Professor of History, Lyndal Roper.

Professor Roper said: "We need good archives and we owe a great debt to the wonderful archivists who have so much learning and expertise in maintaining and organising the materials."

"It is a threat to historians of the future."

The county council's former head of Oxfordshire Studies, Dr Malcolm Graham, said there was a "lack of vision" for the service at County Hall.

Dr Graham, 63, said a host of records remained locked in vaults, catalogues are incomplete, and the county

By Liam Sloan

council service was doing little to work with the University of Oxford's Bodleian Library to digitise records.

He said: "There has not been enough thought about how this service should be run.

"The council has a rather limited view of the history service as a place for a few old timers who want to go and research whatever.

"I think it is much more of a service that should be relevant to all sections of the community."

He said that heritage tourism was a growing industry, and more people wanted to access the county's unique archives.

He added: "We have already seen the merger of Oxfordshire Studies and the Record Office, which involved virtually halving the number of staff.

"This was more than an efficiency saving; it was a savage cut. It means a loss of a wealth of expertise and years of experience."

Gemma Watts, spokesman for Oxfordshire County Council, said: "Most service areas have been asked to make contribution to these savings – the exceptions being fire and rescue and children's social care."

The Oxfordshire History Service has achieved efficiency savings in the past



Dr Malcolm Graham, who used to head up the county's history service

few years and has combined services to ensure the new service continues the work undertaken in the past, as well as enabling the service to be secure and even improved in the future.

"But the county council will look at the concerns raised by the Oxfordshire Local History Association."

The OLHA said further cuts to the history service would "seriously threaten its viability as anything more

than a holding operation."

Chairman Tony Hadland said: "Oxfordshire's heritage sector has been supported by hundreds of volunteers since long before the phrase 'Big Society' was coined.

"But, just as a loaf needs yeast, the preservation of our county's heritage needs a small core of highly-skilled professionals.

"That already depleted team is now under threat as never before."

News in brief

A QUIZ night will be held at Banbury Town Hall tomorrow night. Town criers and street organ grinders from across England will join teams at the contest, organised by Banbury Town Council. Cash from the evening will go to the BYHP housing charity. Tickets are £5 for a team of four people. For tickets visit The Town Hall in Bridge Street or call 01295 817312.

HOOK Norton brewery has won two prizes at the annual British Bottlers' Institute Awards. Hooky Bitter won a gold award in the class for ales up to 3.9 per cent alcohol by volume and in the packaging class Hook Norton Flagship won a diploma. The award for Hook Norton bitter is its second success of the year. In February, its beer won gold in the bottled ales category in the Brewing Industry International Awards.

ADDERBURY Parish Council has told Royal Mail it has no objections to a proposal to reposition a postbox in Rochester Way, Twyford. At present the postbox is on private land and the landowner has asked for it to be moved. Royal Mail plans to move it to the opposite side of the road.

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AS the Royal British Legion celebrates 90 years of unfaltering support for service people and their families, Debbie Waite looks at the organisation which grew from one man's compassion and now boasts more than 5,000 members in Oxfordshire alone

Marking a milestone



Just over 90 years ago, a soldier named Lance Bombardier Tom Lister, a Lancastrian, looked at Britain and decided that something had to be done.

As a result of the war, Britain's economy had plummeted.

There were two million unemployed.

More than six million men had served in the war – but 725,000 never returned.

And of those who came back, 1.75m had suffered some kind of disability – half being permanently disabled.

Added to this were the widows and orphans and often parents who had relied on their sons financially.

In Oxfordshire, men of all ages had left families and jobs to travel overseas, many for the first time, to fight the

enemy – Germany, Austria-Hungary and Turkey's Ottoman Empire.

The resulting death toll was catastrophic.

The Oxfordshire and Buckinghamshire Light Infantry alone lost 5,878 men.

The Queen's Own Oxfordshire Hussars, also known as the Oxfordshire Yeomanry, lost 150.

And the Royal Berkshire Regiment, which drew many recruits from the Vale of White Horse and towns that today lie in south Oxfordshire, lost 6,688.

Many more suffered wounds that would affect them and their families for the rest of their lives.

Lance Bombardier Lister's wish to help these families spawned an idea for a new organisation. The Royal British Legion was formed on May 15, 1921.

Its main purpose was straightforward: to care for those who had suffered as a result of theirs or a loved ones' service in the war.

Ninety years on, warfare has changed, but its legacy is still as bitter. Defence cuts, the economic crisis and disability mean many service personnel are returning to the same hardships their comrades faced 90 years ago.

Which is why, according to the Legion's county manager, Linda Flecknell, their work is more important than ever:

Mrs Flecknell said: "As we celebrate our history we face challenges too.

"Many young service leavers will be embarking on civilian life in the most difficult economic times in recent history.



The Royal British Legion's county manager, Linda Flecknell

"At the same time, the ageing World War II generation's need for help will also be at its peak."

A large chunk of the

money funding the RBL's work comes from Oxfordshire's RBL branches – 50 in Oxfordshire with 3,800 members.

These people, says Linda Flecknell, are the real driving force behind the RBL.

But many of these branches face their own battles – older members are being lost and not replaced by younger servicemen.

• The Royal British Legion will celebrate its 90th birthday by attempting to raise £90m for the Legion's continued work. For details of events and how you can get involved go to: britishlegion.org.uk



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Health chief resigns

THE chief of Oxfordshire's health services has resigned after just six months in her post.

Sonia Mills, who joined NHS Oxfordshire as chief executive in March 2010, has stepped down "due to personal reasons".

Ms Mills was six months into a new role as head of the Buckinghamshire and Oxfordshire NHS "Cluster".

The cluster is a temporary commissioning body.

It was formed earlier this year, when the primary care trusts for Buckinghamshire and Oxfordshire merged, and will oversee changes for the reorganisation of the NHS in 2013, when GPs will take over

commissioning under the Government's Health Reforms Bill.

Fred Hucker, chairman of the Buckinghamshire and Oxfordshire NHS Cluster, said: "Sonia has been chief executive of NHS Oxfordshire since early 2010 and for the Buckinghamshire and Oxfordshire Cluster over the past six months.

"She has contributed significantly to the health system throughout both counties and has established a sound basis for the current transitional activities within the NHS nationally.

"She will be missed within our two counties and on behalf of the board and all parts of the health system."

Man changed plea to guilty at trial

'Cowboy' roofer escapes jail

A COWBOY roofer who fleeced a pensioner and then 'referred' her to his nephew who also ripped her off has escaped being jailed.

Ruben Shepherd, 39, of Hapley Road, Chipping Norton, had pleaded not guilty to a total of six charges of fraud and deception.

His case had been adjourned for trial, at which it was thought his frail 92-year-old victim would not have been fit enough to give evidence.

But during a hearing at Birmingham Crown Court, Shepherd changed his pleas on two charges of deception and one of fraud to guilty, which was accepted by the prosecution.

The court heard that in November 2006, Shepherd had

By Tim Hobden

obtained £650 from the old lady after falsely claiming he had re-bedded and re-pointed 27 ridge roof tiles at her home in Tennyson Road, Stratford.

Just eight days later, he obtained a further £1,950 from her by claiming that it was a fair price for further work he had carried out to the roof.

Then, in June 2007, Shepherd presented the pensioner with an invoice claiming that he had replaced roof tiles, when in fact he had not carried out the work.

He was sentenced to 48 weeks in prison, suspended for two years, and was ordered to do 240 hours of unpaid work and to pay £850 compensation to their elderly victim.

a total of £1,740 compensation to his victim.

At an earlier hearing prosecutor Tony Watkin revealed that Shepherd had also referred the pensioner to his nephew Stephen Kerry because she wanted some work doing on her drive, which he told her he did not do.

And in May this year, Kerry, 21, of Beeches Mobile Home Park, Chipping Norton, was also given a suspended sentence for defrauding the pensioner over the work he had carried out on the drive.

He was sentenced to six months in prison, suspended for two years, and ordered to do 120 hours of unpaid work and to pay £850 compensation to their elderly victim.

Runners turn out for Hookey 6



Runners prepare for the start of the six-mile race, inset, winner Tom Fisher

NEARLY 300 runners took part in Hookey 6, the annual race around Hook Norton.

Runners set off on the six-mile run from The Bourne, and finished on the cricket pitch next to Hook Norton sports and social club.

The run, now in its 26th year, was organised by Hook Norton Harriers. Tom Fisher, of Avon Valley Running Club, was the winner, in a time of 31min 37secs. The Hookey 6 record time of 29min 52sec was set about ten years ago.

Club secretary Dee Hailey said: "It was a lovely day for it and it's a great social event for the village.

"People gather for picnics and there's a real village fete atmosphere."

"Runners complete two laps of an undulating course which goes out into the countryside."

Club runners pay £8 to enter while non-club runners pay £10 and Hookey 6 is one of the club's main fundraisers. There were 279 finishers and each person who enters gets a T-shirt and goody bag. There was also a mile-long junior race for under 12s, with Matthew Locke, nine, from Witney, the winner and Nawal Elkirate, ten, from Oxford, the first girl to finish.

New leader for Salvation Army in Banbury

XANDER Coleman has taken over as leader of The Salvation Army in George Street.

The 25-year-old has worked for the Salvation Army in Australia and Canada and

has spent two years training at its HQ in London.

The Banbury church was previously led by Pauline Milner, who is now working for the charity in Harrow, London.

Mr Coleman said: "We as The Salvation Army in Banbury want to be the answer to our prayers by demonstrating God's love for the community, especially those who are struggling."

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Abuse of trust charge

A MAN appeared before magistrates last week, accused of voyeurism and sexual assault involving three of his young pupils.

Joshua Plank was charged with abuse in a position of trust in that he sexually molested a 13-year-old boy. The assault was said to have happened between December 1 and New Year's Eve last year.

It was also alleged the 24-year-old observed two pupils doing a private act for the purpose of his own sexual gratification, JPs at Banbury

Magistrates' Court heard. The first incident was said to have happened between May 31 and July 1 last year, with the other voyeurism charge alleged to have happened on February 18.

Plank, of Clouds Hill, Signet, near Burford, was granted bail with the condition that he must not contact any of the nine witnesses involved in the case.

He was ordered to appear before magistrates again at the same court on October 4.

New campaign is launched as skin cancer cases soar

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Ian and Jaki Munday with son Callum and daughter Ruby Jess

A BANBURY mother, who battled skin cancer, has been chosen to front a national sun awareness campaign after figures revealed soaring cases of skin cancer across the county.

Jaki Munday, 39, from Banbury was diagnosed with potentially fatal malignant melanoma in 2004.

The warehouse assistant and mum to Callum, 11 and Ruby, aged five, went to her GP after finding an abnormal mole.

It was a decision which probably saved her life.

She explained: "It looked like a piece of skin filled with fluid. It was smooth and pale looking, and didn't have any of the usual signs of being cancerous, such as itching, changing colour or bleeding, but I knew it wasn't right. So I insisted on being referred to hospital to have it checked out.

Mrs Munday's worst fears were to prove valid when just a few weeks

By Debbie Waite

later she was told the mole she had been concerned about was indeed cancerous.

After having a lymph node removed, Mrs Munday and her family were horrified to learn the cancer may have spread.

But a further 20 lymph nodes removed from her neck were eventually found to be all clear from cancer.

She said: "I don't blame anyone for not thinking that my moles were not cancerous, they didn't show any of the usual signs which makes it more scary really.

"It is important for people to know their own body and not be afraid to insist on getting something checked out they are worried about."

In July, the Annual Oxfordshire Health Profile revealed that the number of cases of skin cancer in the county is significantly higher than

average, with 23 cases diagnosed per 100,000 people, compared to an average of 13 per 100,000 across the country.

Mrs Munday said her own experience of skin cancer made her want to raise awareness about the hazards of sunburn. And that is why she and her children and husband, Ian, also 39, have teamed up with Cancer Research UK to promote their SunSmart campaign.

Cancer Research UK spokesman Helen Johnstone said: "During the summer the desire to look tanned will encourage many young people to use sunbeds prior to soaking up the sun on the beach.

"Yet using sunbeds and sun worshipping can carry very real risks of premature aging and skin cancer, especially if you get burnt."

Cancer Research UK's SunSmart campaign aims to encourage people to take steps to avoid sunburn this summer – avoiding sunbeds, using shade and covering up at the hottest parts of the day, and using at least factor 15 sunscreen regularly.

More information is available at: www.sunsmart.org.uk

Skin Cancer – the signs:

- Changes in the size, shape or colour of a mole, freckle or patch of skin
- A new growth or sore that won't heal
- A spot, mole or sore that itches or hurts
- A mole or growth that bleeds, crusts or scabs
- Not all skin cancers look the same and can be hard to spot. If you notice anything unusual, even if you don't think it's anything to worry about, get it checked out by your GP.



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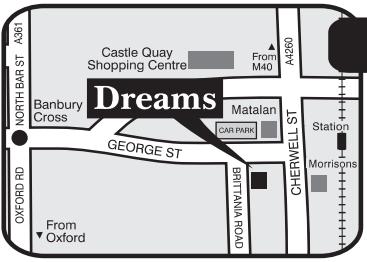
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'We can't have it taken away. OAPs would be lost without it'

Dot's concern over dial-a-ride

WITH a helping hand from dial-a-ride driver Colin Edmunds, Banbury pensioner Dot Wilkins gets on board for her weekly trip to the supermarket.

Yet she is concerned at news the Cherwell district service will be cut back because of council funding changes.

At the moment, the service — which picks up OAPs and the disabled from their homes — is managed by Oxfordshire's five district councils.

Each provides a different level of service for its residents, with no service at all in South Oxfordshire.

But when Oxfordshire County Council takes over dial-a-ride management in April, it means resources will be spread more evenly.

By Oliver Evans

Council transport boss Rodney Rose said: "It would be unrealistic to assume that Cherwell's dial-a-ride will remain at the high level it is at the moment.

"We can't put more into Cherwell than South Oxfordshire and the Vale district, that isn't how a county-funded organisation works."

South Oxfordshire's service will improve while Oxford, Vale and West Oxfordshire will "remain about the same" said Mr Rose, cabinet member for transport.

Cherwell District Council is to cut its £187,000 contribution to the service, with the inevitable reduction in service, he said.

The district council was not available for comment.

Mrs Wilkins gets the service every Wednesday and Friday to see her husband of 63 years, Arthur, at Lake House care home, five miles away in Adderbury.

The 82-year-old, who also gets a two-mile trip to Morrisons supermarket every Thursday, said: "If they take it off, these old people won't be able to afford £5 for a taxi.

"There are a lot of people on their own and they look forward to doing their shopping because they meet other people and have a chat on the bus.

"We can't have it taken away. I don't know what will happen if they do. They would be lost without it."

The council expects to make a decision on which organisations will get dial-a-ride contracts by Christmas.

Brian Price, manager of the Banburyshire Community Transport Association, which runs the Cherwell service, said: "We will go out of business unless adequate grant funding is found from somewhere. We could only be serving the towns and villages."

He said the loss of the 26-year-old organisation, which has ten buses, would be "devastating" for the district, which has

Dot Wilkins is helped aboard the dial-a-ride service by driver Colin Edmunds



about 8,300 residents aged 75 and over.

He said: "Most of our people will just lose the service and they will sit at home and look at the walls." He urged a county decision on contracts by November.

The three other districts use Octabus, run by Walter's Limousines.

West Oxfordshire

District Council — which has about 7,400 pensioners aged 75 and over in its area — contributes £29,400 and that is under review.

Oxford City Council, which has about 8,800 aged 75 and over, puts in £67,000.

Vale of White Horse District Council — where about 8,800 are 75 and over — puts in

£30,480. It pledged similar funding next year.

Disabled and elderly people are entitled to a concessionary bus pass offering free travel, including dial-a-ride services.

The county last year proposed ending free dial-a-ride travel but backed down after an outcry.

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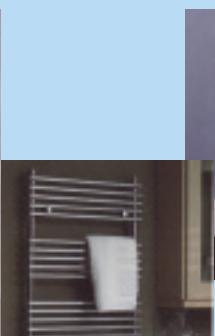
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News in brief

MORE than 160 operations were cancelled at the last minute at Oxfordshire hospitals between April and June. Government figures show the Oxford Radcliffe Hospitals Trust, which runs the Horton, as well as the John Radcliffe and Churchill hospitals, cancelled 168 operations with 24 hours notice or less within the period. Two of those patients were not seen within 28 days of the last-minute cancellation.

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£36,000 scheme saves county council £250,000 – so far New permits halt rubbish abuse

By Oliver Evans

LESS rubbish is being dumped at county tips after council bosses moved to stop "white van" abusing the service.

Oxfordshire County Council said waste left at its eight household waste recycling centres had fallen by 14 per cent since permits were introduced for van and trailer owners.

The free permits are required by residents with "commercial-type" vehicles so they can prove they are not using them on business.

They were introduced in November to stop commercial waste being illegally off-loaded.

And the council said concerns that the move would lead to an increase in fly-tipping have proven unfounded, with illegal dumping down between November and March.

A council report said: "This means it is now easier to access household waste recycling centres, along with less time spent queuing."

The 3,900 tonne drop in waste from November to June saved the council – which has responsibility for disposing of household waste – some £250,000, it said.

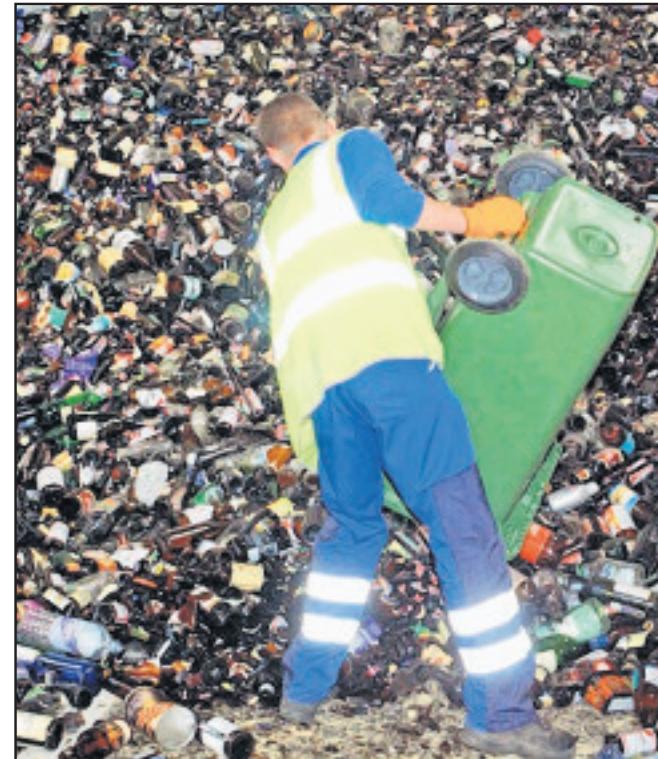
This is set against £20,000 annual running costs of the scheme and £36,000 set-up costs.

But the council said a grace period before the rule was fully applied from February 1 led to "an increased level of verbal and physical abuse directed at the site operatives".

It adds: "Where possible Oxfordshire County Council has contacted those residents who are perpetrators of this abuse and in some circumstances the police have also been contacted."

No charges have been brought so far.

Owen Morton, a spokesman for the Conservative-controlled



council, said: "We are pleased that the scheme has been successfully introduced and is having a positive impact in cracking down on illegally deposited waste and saving Oxfordshire taxpayers money."

Liberal Democrat group waste spokesman Anne Purse said: "It is really good news.

"It is important that we shouldn't be supporting people using the centres for commercial waste."

"Commercial type" vehicles (weighing less than 3.5 tonnes when stocked with waste) and trailers (1.8m to 3m in length) need a permit.

Homes can only have one

permit, though the option of allowing more than one vehicle per permit is being explored by the authority.

Permit holders are limited to 12 trips a year in that vehicle.

Bosses hope the scheme will become paperless by use of BlackBerry handheld devices at sites.

The council runs centres at Banbury, as well as at Ardley, Old Abingdon Road in Oxford, Drayton, Crowmarsh, Stanton Harcourt, Stanford in the Vale and Chadlington.

The latter two will close in September to save £750,000, though a "super tip" will open in Kidlington next year.

Broadband's £3.86m pledge

THE Government has announced a £3.86m investment to improve broadband speeds in rural Oxfordshire.

The cash is part of a £362m package to improve connections across the country.

Oxfordshire County Council and Oxfordshire Enterprise Partnership will be in charge of introducing broadband across the county, and will have to draw up a

delivery plan and find match-funding to the Government cash.

Culture Secretary Jeremy Hunt said: "Fast broadband is absolutely vital to our economic growth, to delivering public services effectively, and to conducting our every day lives."

"But some areas of the UK are missing out, with many rural and hard-to-reach communities suffering painfully slow Internet

connections or no coverage at all.

"We are not prepared to let some parts of our country get left behind in the digital age."

The new money should ensure that 90 per cent of homes and businesses will have access to superfast broadband by 2015.

The Countryside Alliance said the new cash would provide a "massive boost" to the rural economy.



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Bringing Change Home

News in brief

SHOPS in Banbury's old town have been celebrating after winning a contest for the best dressed window. The charity shop section was won by Helen and Douglas House, in White Lion Walk, with the RSPCA as runner-up. The retail section saw four joint winners. These were Banbury Sewing Centre, fashion store Kt-lu's, Rebel and Sweet Celebrations.

PEOPLE are being urged to put next year's date for the Adderbury Party in the Park in their diary to avoid clashes. The annual free event takes place on Saturday, June 30, 2012. For more information view adderburevents.co.uk

GYM Fighting Fit is holding an open day to celebrate its tenth anniversary. People will be able to drop in to the gym in Power Park, Banbury, from 10am to 2pm, on Saturday, for a series of taster sessions. These include karate, kick boxing, circuit training, use of a climbing wall, weight training and self defence. Everyone who goes along will be entered into a prize draw to win 12 months membership. For more information call 07545 233525 or view fighting-fit.net

Catalytic converters snatched as rare metal prices soar

Car parts targeted by thieves

By Laura Jones

ORGANISED gangs and opportunist thieves are stealing scores of catalytic converters from cars throughout the county.

The latest statistics released by Thames Valley Police show the number of thefts in Oxfordshire has risen from seven in 2009/10 to 92 last year.

But 59 have already been torn from cars between April and June so far this year.

The force's crime reduction officer, Nick Gilbert, said the global economy's appetite for metal had increased the value of scrap, pushing up prices and making the crime a lucrative criminal venture.

He explained: "There's a lack of the elements that are going into catalytic converters – palladium, rhodium and platinum.

"For the industry to get enough to sustain the car market there has to be recycling, which is giving catalytic converters that are

outside of their lifespan a value and criminals are latching on to that."

He said that thefts from driveways and car parks were still rare, but delivery companies and businesses with a fleet of vehicles were targeted more often.

"They have lots of vehicles parked overnight, so the criminals can steal a lot in one go," he explained.

Chris Jones, from National Tyres and Autocare, said his garage had helped many victims of the theft.

He said: "We have had quite a few people coming in to have their catalytic converters replaced after they have been stolen.

"Normally, it is quite expensive. It can be up to £300 to replace."



A fitter replaces a car's catalytic converter

JASON JAMES

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A new face has joined the High Street in Banbury, adding a great opportunity to speak with a friendly team of mobile phone experts who ensure that they make everyone feel like an individual.

Established in 1994, fonehouse began as an independent mobile phone retailer based in and around the city of London. Since then they have grown and in 2008 they launched their franchise programme.

Your Home

PUTTING CUSTOMERS FIRST

As part of their drive to offer premium levels of customer service, they teamed up with Mary Portas for her channel 4 television show Mary Portas: Secret Shopper. Together they have created a customer friendly experience that shows that there is a completely different way in which you or I can go about finding the phone that is right for us.

The friendly staff in the Banbury store are trained to the highest standard to ensure they offer a superb service and are all up to date with the latest developments in mobile technology. Hasan and Ces pride themselves on their in-depth knowledge and are often the first to market stock of the latest handsets.

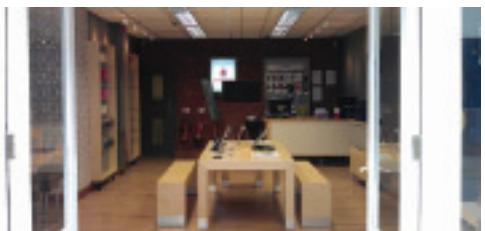
Over the years the company has forged strong relationships with the networks ensuring that the deals they offer their customers are of the highest quality. Today they offer services with Vodafone, T-Mobile, and Three for contracts and pay as you go phones.

In addition to the Banbury store, they also have an additional 48 branches across the country - from high street stores within major shopping centres like Bluewater, to stores situated in smaller towns who pride themselves on their excellent customer service and their place in the heart of their local community.

Fonehouse also offer an extensive array of accessories for your mobile phone, along with an in-house repair service that may save you time and money, so make sure you drop in when you are experiencing any problems with your handset.

With up to 50% off accessories when you upgrade or take out a new connection at fonehouse there has never been a better time to visit.

Call in and see Hasan at his store on the High Street (next to Michael Jones Jewellers) or call him on 01295 253 784 to see if he can tailor make your perfect mobile phone package.



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Your Home

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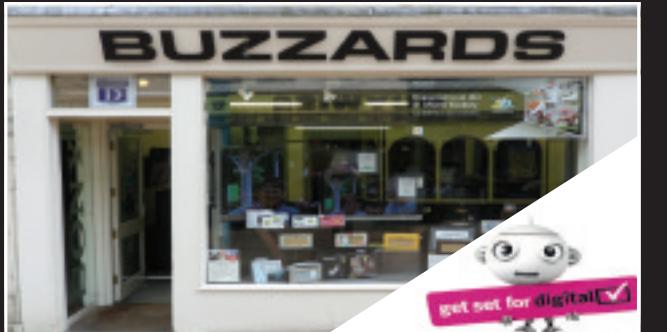


John Nicholls are a family run business since 1965 providing a local independent merchant for all your plumbing, heating, building and landscaping needs. They operate via a network of seven branches based in Banbury, Bicester, Kidlington, Rugby and Witney.

The business prides itself on providing quality brands at the most competitive prices and welcomes customers from trade to home DIY. Their experienced and knowledgeable staff will always be happy to help and advise.

John Nicholls are the largest independent merchant in the area and form part of the CEMCO Merchant Network buying group. This ensures we bring the best deals to our customers and have a flexible approach to buying and pricing, offering you a vast range of products at some of the best prices.

Call in to their local branch to see the great range of current offers.



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ARE YOU OK FOR SWITCHOVER? IT'S NOT TOO LATE TO GET HELP

Older and disabled people struggling with the approaching digital switchover in the Oxfordshire transmitter area, can be assured they can still get help with switching to digital TV. Some people may have found it more difficult than they expected. The important thing to remember is that it's not too late for eligible people to get the help they are entitled to. Thousands of older and disabled people in the UK have already benefitted from the Help Scheme.

The Switchover Help Scheme has been especially designed around the needs of older and disabled people and can make switching to digital TV easier for them. If someone is eligible for help, the Help Scheme will have already written to them at their home address. But did you know:

- People can still take up the offer of help now even if they contacted the Help Scheme to opt out earlier this year
- The Help Scheme can convert a second TV set in your home even if you already have digital on your main TV set.
- The Help Scheme will set up and install everything you need to make the switch to digital.
- All installers are approved and no one will call without an appointment.
- A free 12 month aftercare line is provided which offers help with retuning.

People are eligible for the Help Scheme if they are:

- Aged 75 or over, or
- Have lived in a care home for six months or more, or
- Get (or could get):
 - Disability Living Allowance (DLA), or
 - Attendance or Constant Attendance Allowance, or
 - Mobility supplement, or
- Are registered blind or partially sighted

Most people will be asked to pay £40 towards the standard option of help. For eligible people who are also on pension credit, income support, income-based jobseeker's allowance or income-related employment and support allowance, it's free.

Eligible people need to respond to get the help. To make it easier to get help by switchover those eligible can call the Help Scheme free on 0800 40 85 900.



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FIND US ON

MIND, BODY & SOUL

NATorigin ANNOUNCE NEW BRAND AMBASSADOR



Multi award-winning natural and organic cosmetic and skin care company NATorigin are delighted to announce that they are now working with TV Presenter Gail Porter. Gail has joined the NATorigin family as a brand ambassador and will be working to promote the range. A sufferer herself of sensitive eyes and skin, Gail is a keen advocate of these products.

James Sutton, MD of NATorigin, seen here with Gail, comments: "Gail Porter is such an inspirational woman, we are delighted to be working with her to help promote the NATorigin brand. Gail represents our target market well as someone who knows from first-hand experience the problems sensitive skin and eyes can cause, but is also mindful of the chemical load some beauty products contain. NATorigin ticks all these boxes being free-from common chemical nasties and approved by Allergy UK. We hope to work with Gail regularly over the coming years."

Brand Ambassador Gail Porter says: "I have really sensitive skin and have to be very careful what I use, so I'm really excited to be working with NATorigin. I've tried many products over the years that claim to work on sensitive eyes and skin, but this range actually does what it says and not only looks great, but feels great on my skin."

This is the first natural range formulated to comply with both the environment and the consumer's needs. It is currently the only cosmetics or skincare range approved by Allergy UK making it the first choice for people with sensitive skin and eyes. The product range covers eye/face/lips makeup, hand and nail care, skin care and accessories and is affordable for the everyday consumer with prices starting

at just £7.05. To find out more about the range please visit www.natorigin.co.uk or pop in to Butterflies Healthcare at 27 High Street, Middleton Cheney.



Does your skincare or makeup irritate you?

The multi-award winning solution could be just a few miles down the road



TV presenter Gail Porter says: "I have really sensitive skin and have to be very careful what I use, so I'm really excited to be working with NATorigin. I've tried many products over the years that claim to work on sensitive eyes and skin, but this range actually does what it says and not only looks great, but feels great on my skin."

Each product in award-winning NATorigin's range is formulated to nurture the most sensitive skin and eyes. Uncompromising standards have been applied to eliminate allergenic components often used in other natural or organic products.

Key points about NATorigin are:

- ✓ Minimum 97% natural and where possible organic ingredients
- ✓ Multi-award winning
- ✓ Currently the only cosmetic and/or skincare range approved by Allergy UK
- ✓ Expanding range for 2011 including lipsticks and face powders

Bring this coupon into our Middleton Cheney shop and receive a free NATorigin pencil eye liner with any NATorigin purchase until 30/9/11

Butterflies Healthcare, 27 High Street, Middleton Cheney, Banbury OX17 2PA
Tel: 0845 838 6724 or 0333 700 6724 www.natorigin.co.uk



MIND, BODY & SOUL

A PERSONAL APPROACH TO FITNESS

Getting motivated for a training session can be difficult. Not knowing what to do, how long to do it for or where to go, will often lead to people deciding not to bother. If that sounds like you, perhaps a personal trainer is the answer. You need someone to guide you through making the most of your training time and how to get the best results quickly.

SC Personal Training is a local company started by triathlete and marathon runner Simon Charles. The qualifications he has earned within the training industry can help you reach your body and weight aspirations.

For more information on Simon's one to one sessions and weekly circuit training classes call him on 07969 233525 or visit his website www.scpersonaltraining.com



Revolutionary Weight Loss



The HypnoGastricBand® is a revolutionary new concept engulfing the weight loss world.

This is a brand new, step by step process that will bring you the weight loss you so desire at a huge discount to gastric band surgery. Our mind band can give you the same results as a real gastric band but last forever. The only thing you have to lose is weight!

In reality, the gastric band is an adjustable band also known as a Lap-Band, that is placed around the top portion of the stomach, via keyhole surgery, in order to treat obesity. However, the gastric band is not an easy option for obesity sufferers due to the surgery involved, it is a drastic step,

and carries the usual pain and risks of any major surgical operation in this area of the body and its results are not guaranteed. With the HypnoGastricBand® you can have the same results but without the risk & astronomical cost.

The process works in 5 key stages. The first includes a consultation to ensure each patient is 100% happy with the treatment. If you are happy to continue we start a hypnoanalysis program to release negative emotions and build your morale and confidence so you are set to begin the new chapter of your life.

We believe weight problems are psychological and stage 2 focuses solely on you to remove any negative emotion that you may be repressing. This is something that will enable you to maintain your weight loss forever. We believe this step to be hugely important in weight loss therapy and is why our process is so much more successful in the long term than others.

Stages 3 and 4 involve the surgeon and your surgery and stage 5, although not necessary for many people, you may find you want an adjustment on your band at any time in the future and is available to all that desire it. Or maybe you will just want your band removed as you no longer need it!

If you are ready to take the first step towards your lighter, brighter future call Marisa Harding at IN TOUCH on 07903 202740 or send an email to info@intouch-therapy.org.uk.



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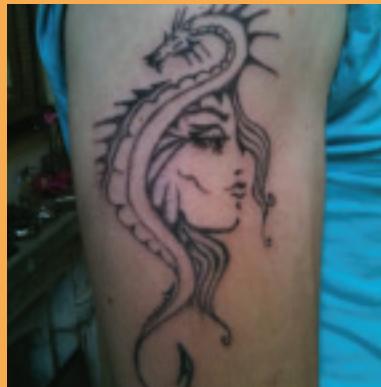
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MIND, BODY & SOUL



LIFE LONG ART

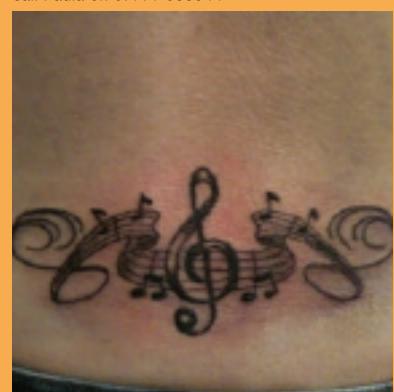
If you are thinking of having a tattoo – you need to find an artist with experience you can trust.

Paula Deeming at Ink Lined To Colour has worked with many people in and around Banbury, creating designs that commemorate, inspire others and express feelings and emotions. A tattoo is with you for life and Paula prides herself in creating something perfect for each individual.

You may have a specific design you wish to use but if you are stuck for inspiration you can work with Paula to design your own piece of artistry.

The Ink Lined To Colour studio in nearby Avon Dassett has off road parking in a secure location out of town.

Visit the website at www.inklinedtocolour.com or call Paula on 07771 633844



REIKI ENERGY CAN HELP

Complimentary therapies are becoming a recognised way of enhancing medical treatment for many health issues. GP surgeries and hospices may offer additional complimentary treatment to help sufferers with symptoms of stress, depression, anxiety, back pain, ME, sports injuries and so much more.

Reiki is a form of complimentary therapy that has been helping people with both physical and emotional issues for centuries. Reiki treatments can help to rebalance a person's energy which aids the body's natural healing process, whether in a physical or an emotional way. It will leave its clients feeling more relaxed and calm.

Middleton Cheney has its own resident Reiki Master/Teacher. Renee from Urban Angelz works with many people across Banbury and its surrounding areas and also offers training courses to teach others how to work with their own energy to promote wellbeing. In her classes she explains to her students how the free and balanced flow of energy around the body is the main reason for our health. When the energy flow is disrupted it causes diminished functioning of our tissues and organs. Therefore, it is a disruption of our energy flow that causes illness. Energy is also responsible for our thoughts and feelings and ancient eastern philosophy

would suggest that physical ailments are caused by mental and emotional issues.

Students and clients of Urban Angelz are taught of the 7 primary Chakras. Each of the major

chakras is linked to the major nerve ganglia along the spine or central energy column. Unhealthy lifestyles, ill health and emotional problems can affect the chakras and cause them to either fall out of frequency or become blocked. This interferes with our body's energy flow and leads to further physical and emotional problems. Most people cannot see the chakras and as a result may be sceptical of their existence, however, by using a "PIP" scanner, which takes information from sound and light frequencies in the body, this shows oscillating spheres of energy in a vertical line down the body.

As with all complimentary therapies, Reiki should not be used as either a substitute for orthodox prescribed medication or instead of seeking professional advice in respect of any ailment.

Urban Angelz also stock an array of gifts and healing crystals. Renee would be happy to offer advice as to which crystals would be most beneficial to your personal circumstances.

To discuss Reiki in greater detail call into Urban Angelz on the High Street in Middleton Cheney or visit the website at urbanangelz.co.uk



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Urban Angelz

As a traditionally trained Reiki Master, I believe Reiki offers you a wonderful way to relax and can help your body to heal on all levels, whether it is emotional physical or spiritual.

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MIND, BODY & SOUL



FOR THE BODY YOU DESERVE

In previous columns I explained that you would need to perform many hours of jogging, cycling, swimming, walking or other forms of cardio activity each week to lose weight. I know how surprised many people are when told that to lose even one pound of weight by jogging, they would need to jog for four to five hours! Other forms of cardio would take even longer!

That is not to say that other forms of exercise won't help you to lose weight and this month I want to explain why Isometric exercise will not only help you to slim down but can ensure that you lose inches in all the right places. When combined with more conventional Resistance training the effect can be incredible.

As I explained previously, I call my programme **Resisted Tension** which integrates resistance training with Isometrics. If you are doing this at home you will need to focus on Isometrics and omit the resistance exercise. You can still expect great results.

Why does this simple method work so well? It is because our muscles burn most of the calories that we spend so anything that would make our muscles burn more calories twenty four seven would be highly beneficial to a slimmer. And that is exactly what Isometric exercise does.

Our muscles are made up of a large number of fibres and these are either 'switched on' or 'switched off' at any one

time. Some fibres are switched on permanently even while we are asleep. Others are only switched on when we need to use that muscle to perform a task. Isometric muscle squeezing exercise will (if performed regularly) gradually 'switch on' more fibres permanently. The muscle is now stronger and more toned. You look better and you are burning more calories. A competitive body builder with lots more muscle than any one else, can burn up more than seven thousand calories every day without performing any cardio activity at all and their body fat can be as low as 4% of their total weight. That compares very favourably with most slimmers who often have a body fat percentage in excess of 30%.

So there it is. Isometric and resistance exercise will tighten, tone and strengthen your muscles in all the right places, helping you to lose inches and look lean and mean!

Each month I will be giving you an Isometric exercise for a different body part. Within a few weeks you will be tightening and toning the whole body. Later, if you want even faster inch loss you will need to add some Resistance exercise to your programme, but let's take one thing at a time shall we?

This month's Isometric exercise is for that annoying problem that so many women complain of at the back of the upper arms. Some people unkindly refer to them as 'bingo wings'. If you have this problem you will know what I mean. Even if your arms are not heading south it is still worth doing this exercise to keep your arms in great shape.

TRICEP DIPS

Stand with your back to the seat of a solid chair (one that won't tip over) and touch your thumbs together behind your back. Now bend your knees to allow you to place both thumbs on the edge of the seat keeping your arms straight.

Now slowly lower your bottom towards the floor by bending your arms at the elbow keeping both feet firmly in place. Once your thighs are horizontal, stop and hold the position for seven seconds. Then straighten your arms to return to the start position, pause for a few seconds and repeat twelve times. You will soon feel this exercise at the back of your upper arms (the Triceps muscles) and not only will this tighten and tone your upper arms but it will strengthen them too.

Perform **Tricep Dips** each day along with the **Tummy Tucks** and **Gluteal Squeeze** exercises which I gave you in previous weeks and you are well on the way to a better figure. We will be adding other Isometric exercises as we go along but these three alone will make a significant difference.

DIET TIP

This month I want you to continue with the first two tips and increase your intake of water. It has been shown that feelings of hunger are often caused by dehydration (not hunger) so this week let's find out shall we? I want you to drink a minimum of eight glasses of water each day. Pop some ice in the glass and a slice of lemon and convince yourself that you are drinking a refreshing vodka and tonic (or your favourite tipple)!

Whenever you feel hungry and twenty minutes before each meal drink at least one glass of vodka & tonic..... sorry, I meant water!

Thanks to all those of you who have been emailing me to tell me how well you are doing. It is good to hear from you.

Love **Donna** x

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DYNAMIC - Elegance and power inspired by dynamism

Introducing the new Autumn/Winter Collection from La Biosthetique, now available at Ekko Hair & Beauty Banbury.

A wonderful selection of infinitely beautiful hairstyles await any Ekko clients this Autumn. They all display vitality and movement with bold colours, clear structures and the power of precision. Minimal and creative with maximum power. The images are inspired by art and culture: by dancing theatre, by light installations, architecture and music. They use strong lines and subtle texture, but still this collection retains a feminine touch to its strong composition.

In her role as UK Creative Director for La Biosthetique, Beverley Bates is responsible for teaching these new styles to all La Bio salons in the UK through a series of demonstrations and

showcases with the UK Artistic Team.

You can expect to see some pictures of the Beverley and the Team in the weeks to come.

However, these 'Dynamic' cutting-edge styles only act as the starting-point, they are never used as a direct copy in the salon but are adapted to suit the individual. This is the secret behind Ekko's success which is all about 'personal designing.'

Get on the fast track to high-end style with a visit to Ekko Hair & Beauty this Autumn, call 01295 268883 to book.

You'll be the envy of the fashionistas!

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Hatton Country Park

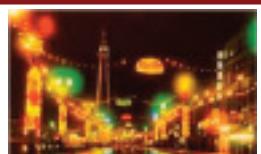


Hidden away in the rolling hills of Warwickshire is Hatton Country Park where a warm welcome awaits you at their Shopping Village in converted Victorian Farm buildings.

With over 20 shops, 2 restaurants and the new Garden Centre, you can do your Christmas shopping while watching the Farm Village stars perform in the Nativity show.



Blackpool Illuminations & Pleasure Beach (2 nights)



This is your chance to enjoy a short break in Blackpool taking in the sights of the famous Illuminations, Promenades and Piers.

Sample everything Blackpool has to offer with a nice relaxing break by the sea.

The hotel is on the Central Promenade, just a few yards from the start of the Golden Mile and 5 minutes from the town centre, the perfect location to explore to your heart's content

PLEASE BOOK BY 20/09/11



Aladdin!!



This awesome spectacular is showing at the Derngate in Northampton.

Starring Bobby Davro, Basil Brush, Brian Fortuna and Jeffrey Holland (Hi-De-Hi) as the fantastic Dame Widow Twankey

This is sure to be a fantastic evening for all ages, but who'll be shouting

"He's behind you" on the coach?

PLEASE BOOK BY 5/11/11

Westfield Shopping Centre, Shepherds Bush, London



Westfield covers an area equivalent to approximately 30 football pitches and is home to more than 300 stores.

With its mix and match of designer and high street labels for all luxury lovers, featuring premium brands, from the world's leading fashion houses, hot designers and chic boutiques, there is sure to be something for everyone.

Eating and drinking is all part of the Westfield experience. Whether it a light snack or a gourmet 3 course meal it's all under the same roof, so relax for a few minutes a treat yourself to a wonderful lunch while wondering which shops to visit next!!

We'll make sure there's plenty of space in the boot for your purchases.

Milton Keynes Shopping



Spend a day Christmas shopping without the worry of parking at the wonderful Centre MK. There are plenty of stores and the general market stalls are only a whisker away.

You're sure to get everything you need.



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Lincoln Market
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Events at destination

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Shopping Centre
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Vintage Vehicles
Farmers, Art & Crafts Market
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Christmas Fayre
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	Price					
	Adult	Senior	Child	Baby	Code	Date
Westfield Shopping Centre	£23.00	£20.00	£20.00	Free	C	15/10/11
Illuminations & Pleasure Beach	£165.00	£125.00	£95.00	Free	CH (HB)	18-20/10/11
Shopping Centre	£12.00	£10.00	£10.00	Free	C	26/10/11
Myths & Legends	£23.00	£21.00	£19.00	Free	CE	28/10/11
Vintage Vehicles	£28.00	£23.00	£23.00	Free	CE	05/11/11
Farmers, Art & Crafts Market	£18.00	£15.00	£15.00	Free	C	06/11/11
Frankfurt Christmas Market	£18.00	£16.00	£16.00	Free	C	19/11/11
Skegness, Lincoln & Ingoldmells Market	£225.00	£225.00	£225.00	Free	CH (HB)	21-25/11/11
Christmas Shopping & Docks	£15.00	£12.00	£12.00	Free	C	26/11/11
Christmas Fayre	£14.00	£11.00	£11.00	Free	C	27/11/11
Thomas and Santa Special	£35.00	£32.00	£32.00	Free	CT	03/12/11
Christmas Market	£33.00	£29.00	£29.00	Free	C	04/12/11
Aladdin Pantomime	£30.00	£28.00	£28.00	Free	CE	10/12/11
Enchanted Christmas	£28.00	£25.00	£25.00	Free	CE	18/12/11
	£65.00	£55.00	£50.00	Free	C	18/02/12

Baby age varies from venue to venue. All trips are subject to cancellation if insufficient numbers book, so reserve your seats early to avoid disappointment

Codes: C - Coach only CE - Coach and Entry CH (HB) - Coach and Hotel (Half-board) CT - Coach and Train Terms and conditions apply. All trips start from Banbury Cross or Brackley Market Place. Phone number on front cover or email to book

Fare Stage T1A	From 30th July 2011			
	Monday to Saturday exc. Bank Holidays			
Bridge St	07.30	10.00	13.00	16.30
Calthorpe St	07.34	10.04	13.04	16.34
Horton Hospital	07.36	10.06	13.06	16.36
Bodicote	07.38	10.08	13.08	16.38
Twyford Turn	07.40	10.10	13.10	16.40
Kings Sutton	07.44	10.14	13.14	16.44
Aynho	07.50	10.20	13.20	16.50
Fritwell	07.57	10.27	13.27	16.57
Fewcott	08.00	10.30	13.30	17.00
Ardley	08.01	10.31	13.31	17.01
Bucknall	08.07	10.37	13.37	17.07
Banbury Road	08.11	10.41	13.41	17.11
Bure Place	08.15	10.45	13.45	17.15
Bicester Village	08.19	10.49	13.49	17.19

Fare Stage T1A	From 30th July 2011			
	Monday to Saturday exc. Bank Holidays			
Bicester Village	08.30	11.00	14.00	18.15
Bure Place	08.34	11.04	14.04	18.19
Banbury Road	08.38	11.08	14.08	18.23
Bucknall	08.42	11.12	14.12	18.27
Ardley	08.48	11.18	14.18	18.33
Fewcott	08.49	11.19	14.19	18.34
Aynho	08.52	11.22	14.22	18.37
Fritwell	08.59	11.29	14.29	18.44
Kings Sutton	09.05	11.35	14.35	18.50
Twyford Turn	09.09	11.39	14.39	18.54
Bodicote	09.11	11.41	14.41	18.56
Horton Hospital	09.13	11.43	14.43	18.58
Calthorpe St	09.15	11.45	14.45	19.00
Bridge St	09.19	11.49	14.49	19.04

Fare Stage T2A	Brackley Express From 5th September 2011			
	Monday to Saturday excluding Bank Holidays			
Banbury Bridge Street	-	-	09.50	11.15
Brackley M/Place	-	08.45	10.15	13.55
Brackley Tesco	-	-	10.17	11.42
Brackley M/Place	07.00	08.50	-	14.00
Banbury Road	-	08.52	10.19	11.44
Manor Road	-	08.53	10.20	11.45
Waynflete Ave	-	08.55	10.22	11.47
Pavillons Way/ Humphries Dr.	-	08.58	10.25	11.50
Stuart Road	-	09.00	10.27	11.52
Martial Daire/ Bayards Brow	-	09.02	10.29	11.54
Surgery/ Leisure Centre	-	09.03	10.30	11.55
Pavillons Way / Magdelen Me. Halse Rd. Health Centre	-	09.06	10.33	11.58
Church Road	-	09.08	10.35	12.00
Valley Road	-	09.09	10.36	12.01
Burwell Hill	-	09.11	10.38	12.03
St Rumbolds	-	09.13	10.40	12.05
Westminster Cres	-	09.14	10.41	12.06
Roman Way	-	09.15	10.42	12.07
Brackley Tesco	-	09.18	10.45	12.10
Brackley M/Place	-	09.20	10.47	13.00
Brackley Bridge Street	07.20	09.45	11.12	13.25
Middleton Cheney (School days only)	08.30			14.35

Fare Stage T3A	Oxford Northampton Express From 5th September 2011			
	M-F T/T	M-Sa	M-F T/TM	-Sa M-Sa
Oxford Magdelen Street	07.20	07.20	10.30	10.30 16.40
Bicester Village	-	-	11.00	11.00 17.10
Brackley M/Place	08.05	08.05	11.20	11.20 17.30
Towcester (Sponne School)	08.25	-	-	-
Northampton Bus Station	08.45	08.40	11.55	11.55 18.05
Northampton Bus Station	09.00	09.00	14.40	14.40 18.10
Towcester (Sponne School)	-	-	15.10	-
Brackley	09.35	09.35	15.35	15.15 18.40
Bicester Village	09.55	09.55	15.55	15.45 -
Oxford Magdelen Street	10.20	10.20	16.35	16.25 19.20

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Charming tale of growing up

THE ART OF GETTING BY
(12A, 83 mins)
Drama/Romance/Comedy.
Freddie Highmore, Emma Roberts, Michael Angarano, Elizabeth Reaser, Sam Robards, Rita Wilson, Blair Underwood, Alicia Silverstone. Director: Gavin Wiesen.

"HAPPINESS is something you have to look after, be vigilant about," tenderly advises a mother in Gavin Wiesen's impressive debut feature.

The writer-director has been vigilant about ensuring our happiness with this touching coming-of-age story, crafting detailed characters and dialogue that we believe in from the opening frame.

Admittedly, the plot is predictable and many big-screen teenagers have stumbled and fallen just like the laconic hero of Wiesen's imagination, who describes himself as "the Teflon slacker".

However, what *The Art Of Getting By* lacks in originality, it makes up for in sincerity and bittersweet charm.

Fatalistic high school student

George Zinavoy (Freddie Highmore) doesn't see any point in completing class assignments and the socially awkward loner is on the verge of failing to graduate.

"I have a real problem with motivating but I'll try," he tells Principal Martinson (Blair Underwood), not really believing those words himself.

When his mother Vivian (Rita Wilson) and step-father Jack (Sam Robards) discover he is on academic probation, George convinces them that there is no need to worry. He just needs to apply himself.

By chance, George crosses paths with Sally (Emma Roberts) and he takes the blame and the punishment for her transgression during school hours.

In return, she introduces George to a world of parties and colour he never knew existed.

He also finds a mentor for his artistic endeavours in painter Dustin (Michael Angarano) – a school alumnus, who is immediately taken with Sally.

"You like her?" Dustin asks George. "You should like her if

you don't."

The Art Of Getting By is a charming and moving portrait of growing pains, distinguished by a compelling lead performance from Highmore as a boy on the cusp of manhood.

The actor doesn't strike one false note getting beneath the skin of his disenfranchised and painfully lonely misfit.

He looks awkward in his own company and anguish ripples across his face when Sally diffuses any possible sexual tension by telling George up front, "You're my only real friend. Let's not ruin it."

Angarano and Underwood offer solid support as mentors, who either disappoint George or provide him with a shocking ultimatum to shake him out of the fug.

The stuttering romance with Roberts carouses us between smiles and tears, and crucially, Wiesen draws together the narrative threads without resorting too readily to hoary clichés and sickly sentiment.

His first film doesn't just "get by" – it courts and steadily wins our affections.

Cinema

Corn Exchange, Newbury: Beginners, 15, Fri 2.30, 8.15pm, Sat 12.45pm, 6.05, 8.30pm, Sun 3.40pm, Tue-Thu 6.05pm, Thu 8.30pm. *Bobby Fischer Against The World*, 12A, Fri 6.05pm, Wed 8.30pm, Thu 2.30pm. *To The Bawl* (for those with babies to 18months): Beginners, 15, Wed 11am. *Poetry*, 12A, Sat 2.10pm, Sun 12.45pm, 6pm, Tue 2.30, 8.25pm. *Silver Screen*: Beginners, 15, Mon 2.30pm. Box office 01635 522733.

Corn Exchange, Market Place, Wallingford: *Mr Popper's Penguins*, PG, Fri-Sat 7.30pm. *A Separation*, PG, Sun 7.30pm. *Countdown To Zero*, PG, Mon 7.30pm. *Incendies*, 15, Tue 7.30pm (French, Arabic and English, subtitled). *Life In A Day*, 12A, Wed 7.30pm. *A Comedy of Power*, 15, Thu 7.30pm. Box office: 01491 825000 (Fri-Sat 11am-12pm, 7.30-9pm).

Odeon, Horsefair, Banbury: Call box office: 0871 2244007.

Odeon, George Street, Oxford: Call box office: 0871 2244007.

Odeon, Magdalen Street, Oxford: Call box office: 0871 2244007.

Phoenix Picture House, Walton Street, Oxford: Call box office: 0871 704 2062.

Regal, 2 Boroma Way, Henley: Call box office: 08707 551245 (9.30-8.30pm).

The Screen at the Square, Corn Exchange, Market Square, Witney: Beginners, 15, Mon, Wed 7.30pm. Box office: 01865 880645.

The Theatre, 2 Spring Street, Chipping Norton: Beginners, 15, Wed 7.30pm. *Cinema Bambino*: Beginners, 15, Thu 10.30am. Please see Theatre website for the appeal for the Chippy Cinema Reloaded campaign. Box office: 01608 642350 (Mon-Fri 10-6pm, Sat 10-2pm).

Ultimate Picture Palace, Jeune Street, Cowley Road, Oxford: *In A Better World*, 15, Fri-Sat, Mon, Wed 9pm, Sun 6pm, Tue, Thu 6.45pm. *Yumurta* (Egg), U, Fri 7pm, Sat 5pm, Sun 8.30pm. *Süt* (Milk), 12A, Sat, Wed 7pm, Tue, Thu 9.15pm. *His Girl Friday*, U, Sun 4pm, Mon 7pm. Box office: 01865 245288.

Vue Cinema, Grenoble Road, Oxford: Call box office: 08712 240240.

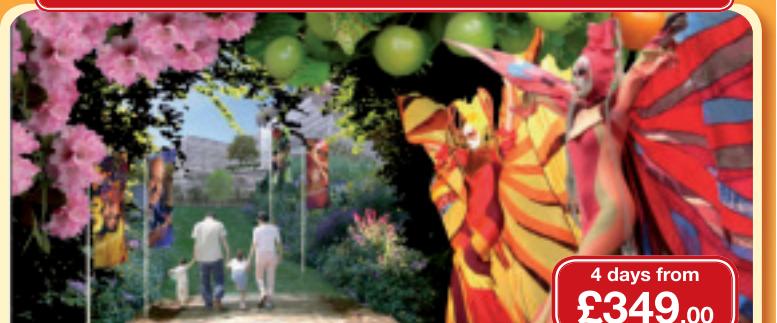


.Freddie Highmore, as George, in a scene from *The Art Of Getting By*

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Divorced, outgoing, friendly woman, 49, likes cinema, pubs, nights in, seeks similar chap, for friendship leading to more. Chippenham/Wiltshire. **Box 112320**

I'LL TREAT YOU RIGHT Separated female, 53, gsoh, likes going out, socialising, music, seeks friendly male, 38-48 for good times and more. Swindon. **Box 104377**

SIMPLY THE BEST Kind, loving, caring, attentive lady, 50, seeks genuine, humorous, adventurous, loving romantic male, 48-55, 6', for friendship & relationship. Bicester. **Box 818936**

THAT SPECIAL PERSON Honest, bubbly female, 54, kind, loving, seeks tall male, for romance, companionship & lots more. Bicester. **Box 110670**

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SHALL WE DANCE? Blonde, blue-eyed Swindon girl, 54, friendly nature, well-travelled and loyal, lover of life, searching for an active, educated man, who appreciates, food, wine and life in general. **Box 110895**

LOOKING FORWARD WITH YOU Petite woman, 60, Oxford based, looking for a new special friend, for activities and possibly more. **Box 104917**

LIFE GOES ON! Hardworking, fun female, 60, likes reading, walking, cycling, wlm nice, decent, honest chap, for friendship leading to more. **Box 101289**

CARELESS WHISPER Active, attractive lady, 61, enjoys National Trust, gardening, music, eating out, seeks tall, kind man, for companionship & more. **Box 113436**

SOCIALIE SORT I'm looking for a sociable man with an active lifestyle for a LTR. I'm 59, tall and blonde, I like walks, cars and gardening. **Box 452750**

CHATS OVER A PINT? Country woman looking to meet a loving, dark haired, slim man. I'm 62yrs old, 5', slim and fit, love being outside, walking and gardening. **Box 112241**

EACH DAY IS A NEW ONE Widow lady, 64, brown hair, blue/grey eyes, likes walking, reading, watching films, family life, gardening, seeks nice gent, for ltr. **Box 105219**

NEW IN TOWN Easygoing, slim woman, 64, 5'6", blonde, likes jazz, live shows, reading and walks, seeks down-2-earth male, for genuine friendship and more. **Box 100721**

FINALLY YOU'VE FOUND ME Divorced, recently retired lady, 64, N/S, likes walking, reading, cinema, action movies, 60s music, seeks simple gent, to enjoy good times. **Box 101791**

A WONDERFUL LIFE Retired teacher, 66, 5'6", dark hair with hazel eyes, slim, from Witney, loves the arts, ballroom dancing, walking my dogs, wlm warm hearted gent. **Box 110189**

SEE YOU SMILE Slim, attractive Witney female, 66, 5'6", dark hair/hazel eyes, creative and interesting, searching for an active, arty, music-loving man, to share a few smiles and creative moments. **Box 110882**

GENUINE AND CARING Widow, 50s, 5ft6, slender build. I'm social, caring and well travelled, and WLMT genuine, professional guy, a non-smoker, for friendship, maybe LTR. Bicester area. **Box 466487**

NEW DIRECTION Swindon girl, 48, 5'5", med build, blonde, enjoys travel, skiing, town life and socialising, searching for an equally interesting man. **Box 108306**

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HEADLINE NEWS Happy, healthy, intelligent woman, 66, 5'7", N/S, from Devizes, enjoys gardening, theatre, cinema, holiday and generally nice times. **Box 105353**

DOWN TO EARTH Happy-go-lucky female, young, 67, slim/medium build, love walking, cooking, gardening, kisses and cuddles, looking for a non-smoking, clean-shaven man, 59-65, for a relationship. **Box 454288**

LOOKING TO START AGAIN Mature lady, 60, from Witney, enjoys theatre, family life, holidays, seeks genuine gent, for good times and more. **Box 107425**

ENJOY GOOD COMPANY Honest male, 43, 6'3", stocky build, gsoh, enjoys sports, travel, cosy times in, social drinks, seeks fun loving female, for happier times. **Box 104111**

MAKING IT HAPPEN Laid back male, 55, 5'7", muscular build, looking for a fun female, 40-60 for fun, laughter & more. **Box 102553**

ON THE CARDS Creative, professional male, 58, 5'11", likes gardening, cooking, painting and France, searching for a N/S woman, for friendship and long-term love. **Box 104901**

SOUL TO SOUL Divorced, active male, 76, looks younger, 5'6", enjoys pubs meals, car boot sales, crossword, wlm charming female, to share quality times. **Box 100937**

MY SIMPLE WISH Retired farmer, 83, widower, likes country walks, painting, antique fairs, wlm warm, affectionate, slender lady, 70-75 for a permanent relationship. **Box 105516**

ARE YOU THE ONE Easygoing Christian female, 39, 5'6", blonde living in Devizes, thoughtful, caring, affectionate & young at heart, wlm like minded lady, for friendship/committed relationship. **Box 107470**

NOTHING VENTURED... Lady, 49, 5'5", blonde nurse, seeks similar lady, 44-52 for socialising and fun. I enjoy many things in life in the Oxford area. **Box 859689**

THAT'S THE SPIRIT Green-eyed girl, young, 52, 5'7", seeks a loving lady, 45-55,ish, looks and status not important, to share honesty and sense of adventure. **Box 101750**

SWEET TALK Country loving female, 66, enjoys riding, dog walks and girly chats, hoping to meet a like-minded lady with the same interests, for friendship. **Box 112054**

KEEP AN OPEN MIND Retired lady, 67, from Swindon, wishing to meet female friends for days out. **Box 110140**

FIT MAN FOR YOU Outgoing male, 39, likes nights out, pubs, clubs, live music, seeks outgoing male, for fun, laughter and more. **Box 103263**

RESCUE ME Friendly Oxford guy, 45, 6ft, 13st, loves the outdoors, cycling and fishing, keeps fit, seeks like-minded, slimish bloke, for good times. **Box 101150**

RELIGHT MY FIRE Good looking male, 46, gsoh, seeks easygoing male, 21-50 for good times and more. **Box 104236**

ON THE WAY TO YOU Easygoing male, 64, enjoys walking, watching tv, reading & socialising, seeks similar chap, 60-70 for company & more. **Box 104839**

OUTGOING & ENTHUSIASTIC? Oxfordshire widow, 58, slender, 5ft6, dark hair, sociable and caring, well travelled, attractive, seeking guy who's caring, professional and considerate. **Box 467516**

ENDLESS LOVE Young 57 from Wiltshire, divorced brunette, n/s, works part time, play darts, love gardening, reading, walking, looking for a non-smoking, clean-shaven man, 59-65, for a relationship. **Box 454148**

GREAT EXPECTATIONS Widow lady, 60, from Witney, enjoys the theatre, family life, holidays, seeks genuine gent, for good times and more. **Box 107425**

FUN TO BE WITH Attractive lady, 5'2", 58, very social and enjoys nights out and in, weekends away looking for a man with a gsoh who is fun. **Box 458867**

STRICTLY BALLROOM Dance-loving lady, 60, 5'6", searching for a man, 5'10", N/S, who can live, for friendship and ballroom dancing. **Box 100184**

TAKE IT FROM ME Slim, happy, healthy, intelligent lady, 72, divorced, searching for a similar man, for friendship and company. Must love dogs. **Box 112029**

MAKE FRIENDS Mixed-race male, 43, smoker not employed, usual interests, seeking a female, 35-45, for lasting relationship. **Box 101526**

TIME TOGETHER Sincere male, 5'9", medium build, likes social drinks, watching films and life in general, looking for a similar lady, for friendship and more. **Box 100723**

SO GOOD TOGETHER Easygoing male, 45, 6'2", medium build, N/D, likes cinema, meals out, seeks understanding female, for good times leading to more. **Box 106767**

PART OF YOUR WORLD Genuine male, 45, single dad, likes weekends away, family life, socialising, looking for a outgoing female, for fun, friendship and more. **Box 103015**

WE CAN BE HAPPY Fun male, 44, likes meals out, keeping fit, weekends away, 5ft9in, seeking friendship maybe more with someone special. **Box 854670**

HOPING FOR US Youthful, blue-eyed male, 46, enjoys the gym and good times, searching for a nice, honest woman. **Box 100657**

COMING UP EASY Oxford male, 46, 6'1", driver, seeking an honest female friend, for chats, company and more. **Box 101009**

HELLO Mature male, 46, 5ft11, medium-stocky build, likes eating in/out, walking, sports, lots of fun! Seeking homely girl for TLC and more. **Box 462105**

SHARE AS A COUPLE Quiet-natured Oxfordshire male, 48, searching for a lady, to share night outs, pub and company. **Box 110748**

SWEET DREAMS Blond, blue-eyed, outgoing Abingdon male, 39, 5'10", seeks walks, travel, heavy metal and more, searching for a lively girl, to share conversation, friendship and a whole lot more. **Box 111572**

CARING SORT Sociable guy, 39, 5'9", medium build. Very caring with GSOH. Hobbies include watching football and playing golf. **Box 100302**

MAKE MY DREAM COME TRUE Honest, caring male, 49, likes diy, gardening, keeping fit, animals, seeks honest, caring female for friendship, leading to more. **Box 112137**

MORE IN TIME Friendly male, 50, 5'5", blue eyes, works with horses, seeking a loving female, 40-60 to settle down with. **Box 104741**

LOTS OF AFFECTION Divorced, caring, trustworthy male, 51, loves the country life, pubs, history, DIY, motor sports, wlm sincere woman, to settle down with. **Box 102120**

PASSION FLOWER Young looking 58yr old, 5'9", dark hair, wears glasses, enjoys cinema, dancing, days out, socialising, seeks loving, loyal female, for LTR. **Box 101122**

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MAKE A REAL FRIEND Down to earth male, 41, enjoys holidays, socialising, sports & much more, seeking a nice female, for fun times ahead. **Box 101121**

THE BRIGHTEST STAR Smartly dressed chap, 42, 6', stocky build, lives in Oxford, likes dining in & out, keeping fit, seeks smart dressed lady, for ltr. **Box 106368**

SOMEONE TO CLICK WITH Honest, genuine N/S guy, 42, 6'1", medium build, no ties, lives in Swindon, likes theatre, bowling, meals out, seeks single female, for ltr. **Box 107454**

MAKING IT HAPPEN Laid back male, 55, 5'7", muscular build, looking for a fun female, 40-60 for fun, laughter & more. **Box 104111**

HAND IN HAND Young 52 year old man from Scotland, seeking a lady in general, looking for a similar lady, 45-53 for fun outings and good companionship. **Box 104252**

MAKING IT HAPPEN Laid back male, 55, 5'7", muscular build, looking for a fun female, 40-60 for fun, laughter & more. **Box 104111**

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CAKE Sport

TABLES

EVO-STIK SOUTHERN LEAGUE

	P	W	D	L	F	A	Pts
AFC Totton	5	4	0	1	16	2	12
Brackley	5	4	0	1	13	5	12
Leamington	5	3	2	0	8	3	11
Stourbridge	5	3	2	0	7	2	11
Banbury Utd	5	3	1	1	8	4	10
Frome Tn	5	3	1	1	8	5	10
Oxford City	5	3	1	1	6	7	10
Chesham	5	3	0	2	6	5	9
Hitchin Tn	5	2	2	1	14	8	8
Cambridge C	5	2	1	2	8	5	7
Redditch Utd	5	2	1	2	5	4	7
St Albans	5	2	1	2	9	11	7
Bashley	5	2	1	2	6	10	7
Barwell	5	2	0	3	8	8	6
Evesham Utd	5	2	0	3	2	3	6
Chippingham	5	2	0	3	3	6	6
Bedford Tn	5	2	0	3	6	12	6
Arlesley Tn	5	1	1	3	4	7	4
Weymouth	5	1	1	3	7	11	4
Henley Hemp	5	0	1	4	3	11	1
Cirencester T	5	0	1	4	8	17	1
Supermarine	5	0	1	4	5	14	1

Banbury strikers hit top form

■ **Banbury Utd** 2 ■ **St Albans City** 0
(W Green 65, Woodley 72)

Serious Cricket Home Counties Premier League

Wycombe are champions

CRICKET

BANBURY'S Division 1 match at High Wycombe lasted little more than two hours before rain caused an abandonment.

This result and Tring Park's surprise defeat by Harpenden mean that Wycombe are champions for a record fifth time.

Put in to bat, Banbury

slumped to 65-5, with the main damage being done by swing bowler Alan Duncan, who claimed 3-46.

Luke Ryan then joined Shahbaz Ali in an unbroken sixth-wicket stand of 57 before heavy rain brought the players off the field for good after 33.4 overs.

BANBURY
L Sabin c Sehgal b Hussain 6
L Shaw lbw b Duncan 20
C Haupt c Cranfield-Thompson b Benning 14
R West b Duncan 9
I Tevi c Robinson b Duncan 14
Shahbaz Ali not out 27
L Ryan not out 29
Extras 3
Total (5 wkt, 33.4 ovs) 122
Fall: 1-26, 2-26, 3-45, 4-61, 5-65.
Bowling: Hussain 6-0-36-1, Duncan 13-2 46-3, Benning 11-2-27-1, Sketchley 3-4-0-10-0.
● High Wycombe 6pts, Banbury 6

SECOND-half goals from strikers Will Green and Aaron Woodley saw Banbury United make it three Premier Division wins on the spin.

After a goalless first half, in which Woodley hit an upright from a narrow angle, it was all Banbury after the break.

And it was no surprise when they went ahead, Simeon Williams's pass allowing Green to net from 15 yards.

Green should have made it 2-0 from the penalty spot on 67 minutes after Nick Jupp brought down Woodley.

The keeper was sent off, but stand-in Ryan Moran saved Green's effort.

But victory was sealed when Woodley made no mistake.

The game was preceded by a minute's silence for groundsman Walter Preedy who died on Thursday.

Banbury Utd: Kemp, Williams (Kingston 82), Polk, Thackeray, Dolman (Kinch 64), Hutchcox, Stanbridge, Coleman, Green (Robinson 87), Woodley, Dowling. Sub not used: Lamb.

Attendance: 269.



Aaron Woodley

STARS with Claire Petulengro



Service provided by IMS Leeds LS1 8LB. Calls cost 61p per minute at all times

ARIES

Mar 21-Apr 19

A slow week must not be seen as an unproductive one. You have the right to relax once in a while. Don't be frightened of taking up a loved one's offer of lazy time. If you don't allow yourself to put first then why should anyone else, my friend. Give me a call now so I can tell you what excitement Venus is about to bring to love affairs.

0906 585 4360

TAURUS

Apr 20-May 20

Watch out for friends and family dropping by unannounced. No matter what you have planned, you are going to have to accept the fact that someone else has their own plans in mind for you and is not going to take no for an answer. Visitors could become permanent if Mars has anything to do with it. Call me now for your week in full.

0906 585 4361

GEMINI

May 21-Jun 20

You must be careful of giving out information that you know will cause trouble. The younger generation is in need of some tender loving care after some sort of a let down, so find the time and the words, please. Older faces will tell tall tales this week, so beware. Give me a call now to hear who's willing to finally lay all their cards on the table.

0906 585 4362

CANCER

Jun 21-Jul 22

Your mood is going to be somewhat unpredictable and you might find yourself getting short-tempered with those you love for no reason. Try the old method of counting to ten. It's sure to see you in favour with those who are watching from the sidelines. Give me a call now so I can tell you whose path the stars are trying to make you cross.

0906 585 4363

LEO

Jul 23-Aug 22

Don't get involved in gossip about someone that you like. Not only is it the quickest way to lose friends, but you will also feel very silly when you find out what nice things they have said about you. Time spent with new faces boosts your confidence on Friday. Give me a call now to hear why this is the beginning of such exciting times for you.

0906 585 4364

VIRGO

Aug 23-Sep 22

Be aware of what you are saying. Your loved ones, who are taking everything you say to heart, will not appreciate loose promises. Affairs of the heart come under the spotlight and you start to see that you're able to get what and who you want if you wear your heart on your sleeve once in a while. Call me now for your week in full detail.

0906 585 4365

LIBRA

Sep 23-Oct 22

Purchases are forecast to be made that will bring much fun into your life and you can also look forward to an evening of entertainment as old friends gather together to celebrate an important occasion. Mercury promises you news on something you were almost ready to give up on this week. Call me now for more on this important turning point.

0906 585 4366

SCORPIO

Oct 23-Nov 21

You should find it easy to see through lies this week and you might find it useful to make some enquiries regarding your career. If you knock on a door and it opens you will know it is a genuine acceptance. Use care when talking to new faces about love affairs, they'll repeat more than you think. Call now to turn that corner with that work project.

0906 585 4367

SAGITTARIUS

Nov 22-Dec 21

Don't feel too upset about a work problem. If you can swallow your pride and admit a little of the blame then it is sure to prove far less important than it might otherwise appear. Children bring joy and good news by Friday with an announcement, which is sure to change many lives. Call now to hear an important message from Mercury.

0906 585 4368

CAPRICORN

Dec 22-Jan 19

You have a big decision to make and might have to sacrifice something in order to gain speed in another direction. Rely on your own judgement and don't let others confuse or mislead you. If you don't know what feels right to you now, you will never have the confidence, so take a deep breath and go for it.

0906 585 4369

AQUARIUS

Jan 20-Feb 18

Be careful of the tricky aspects that will be making it very hard for you to divide the people who want you from those who are using you as a stepping stone. Trust in those you know but be very wary of giving way to faces you have not seen or spoken to before, especially in romance.

0906 585 4370

PISCES

Feb 19-Mar 20

You have a lot to get through if you are ever to see the success that I know you crave. Travel is forecast and with it comes the contacts you need to move up the career ladder. Instant attractions are worth following up for once and you finally realise that you can and will afford to ask for more from relationships. Ring me for a revelation, now.

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GRADE II-listed Winchcomb Cottage, in Church Enstone, has a dilapidated cottage in its grounds, which agents say could be developed, subject to planning permission.

The late 17th-century family home, which has a thatched roof, includes a sitting room, study, family kitchen, five bedrooms and a family bathroom.

Period features include flagstone floors, open fireplaces, window seats and exposed

By Gill Oliver
Property Writer

beams. The grounds include lawns, a thatched garage and outbuildings.

Another Grade II-listed cottage is Minster Cottage in Charlbury.

The property, which has medieval origins, is made up of six smaller cottages converted



Winchcomb Cottage is on the market for offers in excess of £795,000

from a barn in 1815 and has many period features including fireplaces, exposed beams and cellars that run the full length of the building.

Ranged over four floors, the cottage has seven bedrooms, two bathrooms, a dining room, sitting room, family room, music room/study and

kitchen/breakfast room.

One half of the cellars is split into four rooms, while the other half is unused.

The gardens, which have views over the local church, include a lawn, patio, fruit trees, a vegetable plot, shed and double garage.

Winchcomb Cottage is on the

market for offers in excess of £795,000. For more information, contact agents Knight Frank on 01865 790077 or visit knightfrank.co.uk

Minster Cottage is on the market for £865,000.

For more information, contact agents John D Wood on 01865 311522 or visit johnwood.co.uk

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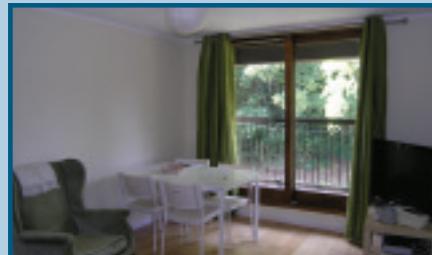
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New appeal for perky package

The current focus for hubbub, hullabaloo, and not a little hype, in modern motoring is undoubtedly on electric cars. Mitsubishi Motors is as active a player as any car maker in stoking the flames of the latest 'green revolution'.

Its awkwardly-named i-MiEV electric car is undoubtedly up there at the cutting edge, but a quick glance at the sums involved in purchasing any new electric car means that, for the time being at least, these will remain firmly in the hands of a privileged few.

Thankfully, back in the real world where most of us exist, Mitsubishi continues to deliver well-packaged, well-equipped, economical cars consummately capable of handling the demands of family life.

Take the Colt. It is a simple, tried and tested, five-door hatchback which will reliably transport five people, or a heap of luggage, in comfort and won't break the bank. So how do you add a dash of appeal to that already attractive combination? Simple.

By David Duffy

Add the Juro badge. These special editions have popped up across the Mitsubishi range and add a chunk of extra equipment at a competitive price.

For the Colt, that means full leather upholstery, a portable Garmin satnav, which includes Bluetooth phone link, and other goodies ranging from 16-inch alloy wheels and air conditioning, to a leather-trimmed steering wheel with audio controls.

Under the bonnet is an utterly conventional, and superbly reliable, 1.3-litre petrol engine, linked to a five-speed manual gearbox. Do you need to work the gearbox a bit on steep hills when the car is fully loaded? Oh yes. Can you squeeze 50mpg out of it? Yes, if you take it carefully. Will it cruise at 70mph all day on a motorway? No bother?

It is, above all, a hugely well thought out compact car, and a pretty safe place to be, with a four-star Euro NCAP rating and front, side and curtain airbags fitted as standard. Already covered by a three-year, unlimited

mileage warranty, it is not surprising that most buyers also take up the company's offer of a £375 service plan, which covers the first three services.

Mitsubishi is undoubtedly a dedicated player in the electric car stakes, and says that it intends that electric and plug-in hybrid electric vehicles will account for at least 20 per cent of its total production by 2020.

That still leaves four out of five of its vehicles using fossil fuel. So there is still plenty of life remaining for a well-packaged, well-equipped, economical, small hatchback.

Auto facts

Model: Mitsubishi Colt 1.3 Juro 5dr
Price: £10,999
Insurance group: 16 (1-50)
Fuel consumption (Combined): 47.1mpg
Top speed: 112mph
Length: 394cm/155in
Width: 169.5cm/66.7in
Luggage capacity: 6.6 cu ft
Fuel tank capacity: 10.3 gallons/47 litres
CO₂ emissions: 130g/km
Warranty: 3 years/unlimited mileage



EXTRA EQUIPMENT: The Juro special edition adds more luxury features

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2007	07 BMW 320D AUTO (DIESEL), 4 Door saloon, (New shape) Metallic Dark Grey, 2 local owners, Superb condition throughout, Alloy wheels, PAS, Aircon, Remote central locking, Radio CD, Rear parking sensors, Excellent BMW service history, Sold with a full service and a new MOT, HPI Clear.....	£9495
2003	53 SKODA FABIA COMFORT 1.4 8 VALVE ESTATE, Silver, Local Car, 2 Owners, Full Service History, Approximately 56,000 recorded miles, PAS, Aircon, Electric windows, Electric door mirrors, Radio/CD, Remote central locking, Lovely condition throughout, Sold with a new MOT full service, Vehicle has no cambelt, HPI Clear.....	£3495
2001	51 SUBARU IMPREZA 2.0 TURBO WRX, 5 Door, Silver, Excellent example of this superb car, 4WD, PAS, Aircon, Remote central locking, Electric windows, Alloys, Excellent Subaru service history, Local car, Lovely condition throughout, Tremendous performance, Sold with a new MOT a full service and a new cambelt, HPI Clear.....	Arriving weekend
2006	06 FIAT PUNTO 1.2 ACTIVE 8 VALVE, Black, 3 Door, PAS, including city power steering, Electric windows, Central locking, Radio/CD, 2 Owners (one since 2 months old), Very nice throughout, Sold with a new MOT a full service and a new cambelt, HPI Clear.....	£3295
2003	03 CITROEN C3 EXCLUSIVE 1.6 AUTOMATIC, Dark Green Metallic, 5 Door Local Car, PAS, Electric windows, Central locking, small automatic, nice condition throughout, HPI Clear, Sold with a full MOT and a new car bell.....	£3295
2002	02 VAUXHALL VECTRA 1.8 LS ESTATE, Blue, 2 Owners, Excellent service record, PAS, Electric windows, Electric door mirrors, Roof rails, Aircon, Radio/CD, Approximately only 67,000 recorded miles, Remote central locking, Lovely condition, Sold with a new MOT, a full service and a new cambelt, HPI Clear.....	£2550
2003	03 FORD KA COLLECTION 1.3, Silver, PAS, Remote Central Locking, Radio CD, Colour Coded Bumpers, full service history, local car approx 63,000 miles, lovely condition sold with a new MOT and a full service, HPI Clear.....	£2295
1999	V FORD FOCUS 2.0 GHIA ESTATE, Metallic Dark Red, Exceptional condition for it's year, Alloy wheels, Electric windows, PAS, Radio/CD, Aircon, Remote central locking, Sold with a new MOT a full service and a new cambelt, HPI Clear.....	£2095
2001	Y RENAULT CLIO 1.4 ALIZE, Dark Blue, 5 Door, Lovely small economical car, Sunroof, Aircon, Radio/CD, Remote central locking, Electric windows, PAS, Sold with a new MOT a full service and a new cambelt, HPI Clear.....	£2095
1998	S FORD ESCORT 1.8 LX, Red, 5 Door Hatchback, Previously supplied by ourselves, Exceptional condition for it's year, Approximately only 79,000 recorded miles, Excellent service record, PAS, Aircon, Electric windows, Central locking, Radio/CD.....	Arriving weekend
2001	Y PEUGEOT 206 HDI (DIESEL), 3 Door, Metallic Red, Previously supplied by ourselves, Local car, Lovely condition, Superb economy, PAS, Electric windows, Aircon, Radio CD, Remote central locking, Etc, Road fund licence until June 12, Recent new clutch, Excellent economy, Sold with a new MOT and a full service, HPI Clear.....	Arriving Weekend

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Official Government Test Environmental Data. Fuel consumption figures mpg (litres/100km) and CO₂ emissions (g/km). Vauxhall range:
Urban: 14.4 (19.6)-67.3 (4.2), Extra-urban: 27.4 (10.3)-91.1 (3.1), Combined: 20.6 (13.7)-80.7 (3.5). CO₂ emissions: 324-94g/km.

*Not available on Expression, ES, ES Tech models. **Finance Deposit Allowance not available on Astra GTC. Finance provided by Vauxhall Finance, a trading style of GMAC UK plc, PO Box 6666, Cardiff, CF15 7YT. Finance is subject to status, terms and conditions. Applicants must be 18 years or over. Offer applies to private individuals, Vauxhall Partners and small businesses 1-24 (purchase only excluding B2B). All other customers are excluded. Offer available on orders or registrations before 30 September 2011. ^tVauxhall Lifetime Warranty covers lifetime ownership of first registered keeper, 100,000 mile limit. Terms and conditions apply. [^]Customer deposit shown after deduction of Vauxhall contribution.

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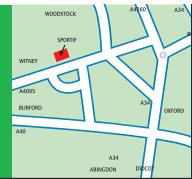
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Vehicles shown are Spark 1.2 LT, Cruze 2.0 VCDi LTZ and Captiva 2.2 VCDi LTZ with metallic paint at an extra cost of (Spark £375, Cruze and Captiva £410). Offer available on vehicles registered between 1st July 2011 and 30th September 2011. Available at participating Dealers only. Not available in conjunction with any other offers. Available on UK supplied vehicles. 5 year warranty up to 100,000 miles, expires whichever occurs first. This offer includes Chevrolet's standard Customer Care Commitment of a 2 year unlimited mileage manufacturer's warranty, and third year manufacturer's warranty with a 60,000 mile limitation. Years 4 and 5 are an insurance-backed warranty up to a maximum of 100,000 miles. The warranty excludes wear and tear and serviceable items and the vehicle has to be serviced in accordance with the manufacturer's servicing schedule. 5 year warranty is available on retail registrations only. Models shown in the thumbnails are not all UK specification and therefore not currently available in the UK. Vehicles currently available in the UK are Spark, Cruze, Orlando and Captiva. For more information visit www.chevrolet.co.uk. Prices correct at time of press. Calls may be recorded and monitored for training purposes.

Official Government Environment Data. Fuel consumption figures mpg (litres/100km) and CO₂ emissions (g/km). Chevrolet range: Urban: 28.2 (10.0) - 42.8 (6.6), Extra Urban: 44.1 (6.4) - 67.3 (4.2), Combined: 36.6 (7.7) - 55.4 (5.1). CO₂ emissions 203 - 119g/km.

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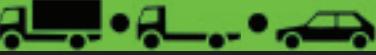
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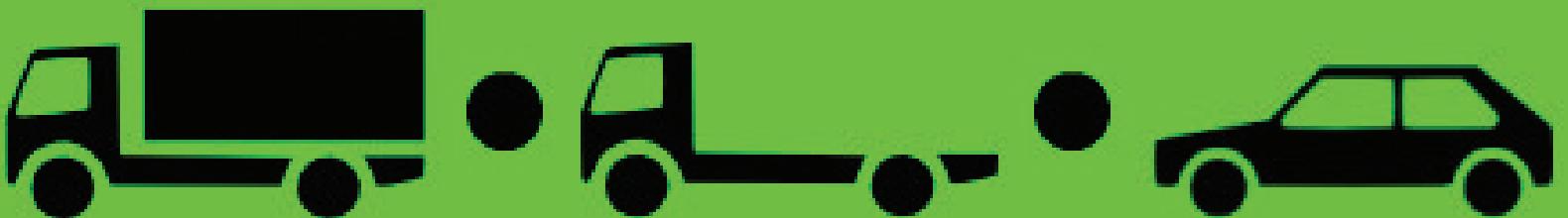
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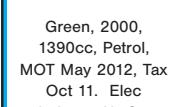
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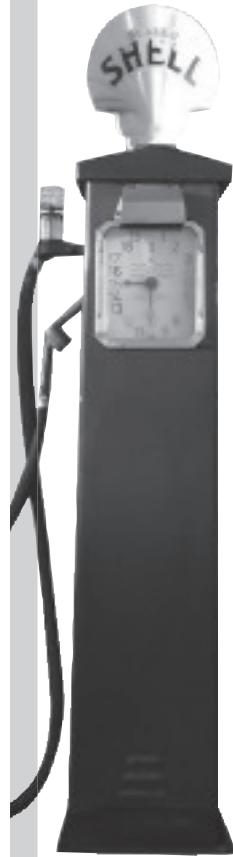
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